



On-Site Activities

Kayaking/Canoeing on White Lake

For a fee of \$25/day, you can rent a paddle and a life jacket in the conference center office and spend the day on White Lake. Swimming is not permitted. Please stay in your canoe or kayak.

Fishing on White Lake (catch-and-release only)

Please bring your own equipment and respect the space of other groups.

Nature Walks

Close toed shoes and bug spray are recommended. Please be respectful of other groups and the Guest Covenant by maintaining appropriate distance if you pass other groups on the trail.

Hernando de Soto Historic Trail Site

Take a walk and explore one of the stops that Hernando de Soto made on his expedition through the Florida Native American Territories in his quest for gold and glory. Search for old arrow heads and pottery pieces in the sand, or enjoy a picnic at the hut. Maps and more information can be found in the conference center office.

Off-Site Activities

Spend the day exploring “Old Florida” and visit a nearby spring or river.

- Peacock Springs
 - Peacock Springs has one of the longest underwater cave systems in the continental U.S. Amenities include scuba diving, snorkeling, swimming, fishing, picnic area, restrooms, parking.
 - Website Link: <https://www.floridastateparks.org/parks-and-trails/wes-skiles-peacock-springs-state-park>
- Little River Springs
 - The cave system is more than 1,200 feet long. The pool area is 100 feet wide and 8 feet deep and the run is approximately 150 feet long. Amenities include beach areas, paved parking, overlooks, picnic areas with grills, walking trails and portable restrooms.
 - Website Link: <http://suwanneeparks.com/little-river-springs-2/>
- Suwannee Country Club
 - Amenities include new EZ-GO golf carts, driving range and putting green, banquet room and kitchen for members and rentals, deck overlooking White Lake and a beautiful, challenging golf course.
 - Website Link: <https://suwanneecc.com/>



- Royal Springs
 - The pool area is 200 feet wide and 42 feet deep and there is exposed limestone around the pool area. Amenities include a boat ramp, picnic tables with grills, diving platform, overlooks, portable restrooms, and a few short waterfalls depending on river height.
 - Website Link: <https://suwanneeparks.com/royal-springs-2/>
- Charles Springs
 - There is a natural limestone bridge in the pool area. Amenities include a boat ramp, walking trails, picnic table with a grill, paved parking, stairs, portable restrooms, swimming, canoeing.
 - Website Link: <https://suwanneeparks.com/951-2/>
- Suwannee Canoe Outpost
 - The Suwannee Canoe Outpost is the original premier canoe outfitter on the Suwannee River. Take a few hours to paddle down the Suwannee and enjoy the white sand beaches as well as a plethora of flora and fauna. Many trips of various length are offered, and you can even just rent a kayak and paddle on your own.
 - Website Link: <http://shop.suwanneeoutpost.com/Home.aspx>
- Suwannee River State Park
 - Amenities include a full facility campground and cabins, playground, boat ramp, and campfire circles. Activities include bicycling, boating, camping, fishing, picnicking, birding, canoeing and hiking the five trails.
 - Website Link: <https://www.floridastateparks.org/parks-and-trails/suwannee-river-state-park>
- Suwannee River Canoe Rental
 - Enjoy a relaxing paddle down Florida's historic Suwannee River. Suwannee River Canoe Rental is located 1 mile east of Suwannee River State Park and they rent canoes and kayaks. The shuttle is included in your rental fee. Canoe/kayak trips conclude at Suwannee River State Park.
 - Website Link: <https://www.suwanneerivercanoe rental.com/>
- Falling Creek Falls
 - A boardwalk trail at Falling Creek Falls north of Lake City leads you to overlooks on a waterfall with a twelve-foot drop in a picturesque setting (water levels may affect height of the water flow).
 - Website Link: <https://floridahikes.com/fallingcreek>



- Ichetucknee Springs State Park
 - Fed by nine springs, the Ichetucknee River lets visitors experience the natural beauty of its blue-green waterways year-round. Let the gentle current of the bright turquoise river guide you on a relaxing retreat through shaded hammocks and forests of cypress, maple, oak and pine.
 - Website Link: <https://ichetuckneesprings.com/>
- Stephen Foster Folk Culture State Park
 - Situated on the banks of the legendary Suwannee River, this center honors the memory of American composer Stephen Foster, who wrote "Old Folks at Home," the song that made the river famous. Visit the museums, hike trails, visit the gift shop, kayak, bike, and observe wildlife.
 - Website Link: <https://www.floridastateparks.org/parks-and-trails/stephen-foster-folk-culture-center-state-park>
- Spirit of the Suwannee Music Park
 - Bring the family and enjoy great fresh water fishing, wildlife habitat, or play our disc golf course through the pines and oaks. With miles of trails, hiking, bicycling, and golf cart rides are one of the many great ways to see the outdoors.
 - Website Link: <https://www.musicliveshere.com/>

Food

- Fast Food – Live Oak
 - McDonalds, Dunkin Donuts, Burger King, Moe’s, Taco Bell, Zaxby’s, Subway, KFC, Hardee’s, Krystal, Wendy’s, Papa John’s, Pizza Hut, Little Caesars
- Big Wood BBQ & Grill
 - Mon-Thurs 11 a.m. – 9 p.m., Fri-Sat 11 a.m. – 10 p.m., Sun 11 a.m. – 3 p.m.
 - 386-362-7427
- Pomodoro Italian Deli
 - Tues-Fri 11 a.m. – 7:30 p.m., Sat 4 – 7:30 p.m.
 - 386-330-0132
- China Town
 - 10:30 a.m. – 10:30 p.m.
 - 386-362-1488
- Sakura Japanese Sushi & Grill
 - 11 a.m. – 10 p.m.
 - 386-219-0188
- Brown Lantern Bar & Grill
 - Mon-Fri 11 a.m. – 9 p.m.
 - 386-362-1133



- All Decked Out Café – Seafood
 - Wed-Sat 11 a.m. – 3 p.m., 4 – 9 p.m.
 - 386-362-7752
- The Dixie Grill
 - 5 a.m. – 2:30 p.m.
 - 386-364-2810
- Beef O’Brady’s
 - 11 a.m. – 10 p.m.
 - 386-219-0522
- Ken’s BBQ
 - Mon – Sat 11 a.m. – 9 p.m.
 - 386-362-4054
- Salsas Mexican Restaurant (Lake City)
 - 11 a.m. – 10 p.m.
 - 386-438-8956
- Red Ginger Asian Bistro (Lake City)
 - 11 a.m. – 10 p.m.
 - 386-752-2888
- Longhorn Steakhouse (Lake City)
 - 11 a.m. – 10 p.m.
 - 386-752-1881
- Cracker Barrel Old Country Store (Lake City)
 - 7 a.m. – 9 p.m.
 - 386-755-5638
- Red Lobster (Lake City)
 - 11:30 a.m. – 8:30 p.m.
 - 386-758-0044
- If you are interested in exploring even more dining options, come chat with us in the office and we’ll be happy to share more of our favorites!