

Redeeming Our Time: Spirituality in Retirement

October 18-19, 2019

Suggested Readings

Bass, D. (2018). Grateful: The subversive power of giving thanks. San Francisco: Harper One.

Chittister, J. (2008). The gift of years: Growing older gracefully. Katonah NY: Blue Bridge.

Craddock, W. (2017). Restreaming: Thriving in the currents of retirement. NY: Church Publishing Co.

Crafton, B. (2019). The courage to grow old. New York, NY: Church Publishing Co.

Guenther, M. (1995). Toward holy ground: Spiritual directions for the second half of life. Cambridge MA: Cowley Publications.

Ellis, N. (2002). If I live to be 100: Lessons from the centenarians. New York, NY: Crown Publishers.

Freeman, L. (2014). Bible women: All their words and why they matter. Forward Movement.

Lama, D. and Tutu, D. (2016). The book of joy: Lasting happiness in a changing world. NY: Penguinrandomhouse.

Miller, R. and Taylor, B. (2011). Strength for the journey: A guide to spiritual practice. Harrisburg, PA: Morehouse Publishing.

Palmer, P. (2018). On the brink of everything: Grace, gravity, and getting old. Oakland CA: Berrett-Koehler.

Powell D. (1998). The nine myths of aging: Maximizing the quality of later life. NY: W.H. Freeman & Co.

Richmond, L. (2012). Aging as a spiritual practice: A contemplative guide to growing older and wiser. NY: Gotham Books.

Rohr, R. (2011). Falling upward: A spirituality for the two halves of life. San Francisco, CA: Jossey-Bass.

Vaillant, G. (2002) Aging well: Surprising guideposts to a happier life. NY: Hachette Book Group.

Wagerman, C. (2017). The light shines through: Our stories are God's story. NY: Church Publishing Co.