



**Tidying Up:
What Is the Clutter Keeping You From God?**

The Diocese of Florida Annual ECW & DOK Spring Retreat

Registration Information

Date:	April 24-26, 2020																				
Retreat Location:	Episcopal Camp and Conference Center (Camp Weed)																				
Register On-Line: By Mail:	http://campweed.org/ login, create an account, and register! Camp Weed, 11057 Camp Weed Place, Live Oak, FL 32060 Your Name: _____ Name of Your Church: _____ Your Email Address: _____ Room Mate(s): _____ Make checks Payable to Camp Weed with ECW/DOK Spring Retreat in the memo line.																				
Registration Deadline:	Friday April 3, 2020																				
Speaker:	Gail Larson																				
About Our Speaker:	Gail Larson is a life-long student of Benedictine Spirituality. Before moving to Jacksonville in 1991, Gail participated in Group Spiritual Direction at the Shalem Institute in Washington, DC. She completed the Diocese of Florida Spiritual Companions Training Program in 1995, and is a fellowship member of All Saints Sisters of the Poor. She facilitated several retreats for the Friends of St. Benedict at Camp Weed and Marywood, and more recently conducted Advent 2017 & 2018 Quiet Day Retreats at St. Mary's, Green Cove Springs. Gail continues to find God in the most unlikely places.																				
Theme:	Tidying Up: What Is the Clutter Keeping You From God?																				
Accommodation:	<p style="text-align: center;">Price includes 2 Nights, 6 Meals and Workshops.</p> <table style="margin-left: auto; margin-right: auto;"> <thead> <tr> <th></th> <th>Single</th> <th>Double</th> <th>Triple</th> <th>Quadruple</th> </tr> </thead> <tbody> <tr> <td>Motel:</td> <td>\$275</td> <td>\$195</td> <td>\$175</td> <td>\$160</td> </tr> <tr> <td>Ravines:</td> <td>\$285</td> <td>\$200</td> <td>\$180</td> <td>\$165</td> </tr> <tr> <td>*Other:</td> <td colspan="4">*Cabin: \$150 *Commuters: \$100 *Saturday Only \$60</td> </tr> </tbody> </table>		Single	Double	Triple	Quadruple	Motel:	\$275	\$195	\$175	\$160	Ravines:	\$285	\$200	\$180	\$165	*Other:	*Cabin: \$150 *Commuters: \$100 *Saturday Only \$60			
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Bless Others:	Please encourage your church to prayerfully consider contributing any size donation for scholarships. Every woman should have the opportunity to participate in this wonderful spirit-enriching weekend. Our hope is to be able to provide partial scholarship assistance on a first come first served basis. Please contact Dorothy Holder at 904-728-9439 or email at perdor@comcast.net .																				
Workshop Options: (Workshops subject to change)	<ul style="list-style-type: none"> ❖ African Bible Study ❖ Chair Yoga ❖ Line Dancing ❖ Make A Joyful Noise ❖ Nature Walk 																				
What to Bring:	Comfortable clothes, shoes and personal items, bedding for cabin accommodations, snacks and beverages to share during social time, rain apparel, an open mind and a loving spirit.																				

Friday, April 24, 2020	Activity	Location
3:00 p.m.	Check-in Begins	Camp Registration Office
4:00 p.m.	Registration	Dearing Lounge
6:00 p.m.	Welcome Reception	Courtyard
7:00 p.m.	Dinner	Varn Dining Room
7:45 p.m.	Welcome, House Rules, Introduction of DOK/ECW Presidents and Board Members. Introduction of Speaker, Group Activity	Young Conference Room
9:00 p.m.	Compline - Led by DOK	Young Conference Room
Saturday, April 25, 2020		
7:15 a.m.	Morning Meditation - Led by the DOK	Young Conference Room
8:00 a.m.	Breakfast	Varn Dining Room
8:45 a.m.	Music	Young Conference Room
9:00 a.m.	Morning welcome & announcements, Attendance by Regions	Young Conference Room
9:15 a.m.	Session I	Young Conference Room
10:15 a.m.	Break	
	Cathedral Book Store on site until 4:00 p.m.	Outside Camp Registration Office
11:00 a.m.	Session II	Young Conference Room
12:30 p.m.	Lunch	Varn Dining Room
1:00 p.m.	Group Picture	Courtyard
1:15 p.m.	Workshops	
	African Bible Study	Ravine Conference Room
	Chair Yoga	Young Conference Room
	Line Dancing	Saffran Conference Room
	Make a Joyful Noise	Dearing Lounge
	Nature Walk	Camp Grounds
2:30 p.m.	All DOK Chapter Presidents and Members Meet with Margaret Wiles	Saffran Conference Room
3:30 p.m.	Me Time	
	Volunteers Set-up Altar for Sunday	Mandi's Chapel
4:00 p.m.	Cathedral Book Store - pack to leave	
5:30 p.m.	Social Time	Courtyard
6:00 p.m.	Entertainment Surprise	Varn Dining Room
6:15 p.m.	Dinner	Varn Dining Room
6:45 p.m.	Music	Young Conference Room
7:00 p.m.	Session III	Young Conference Room
8:00 p.m.	Break	
8:15 p.m.	Session IV	Young Conference Room
9:00 p.m.	Night Prayers/Intercessions	Young Conference Room
Sunday, April 26, 2020		
7:15 a.m.	Morning Meditation - Led by the DOK	Young Conference Room
8:00 a.m.	Check-out begins	Camp Registration Office
8:15 a.m.	Breakfast	Varn Dining Room
8:45 a.m.	Music	Young Conference Room
9:00 a.m.	Final Announcements	Young Conference Room
9:15 a.m.	Final Session	Young Conference Room
10:30 a.m.	Eucharist	Mandi's Chapel
12:00 p.m.	Lunch to Go, hugs and good-bye's	Varn Dining Room