



## The Diocese of Florida Annual DOK/ECW Spring Retreat Finding Your Gifts in God's World



**The Reverend Ann Bowers**  
**April 26 - 28, 2019**

The Reverend Ann Bowers was ordained in 1993. She has often presented reports on aspects of Spirituality, with an emphasis on our relationship with God. She moved to Jacksonville in 2002 after living in Thomasville, Georgia for many years. Prior to retiring, Deacon Ann served in several churches in our Diocese. Deacon Ann currently lives in Penney Retirement Community, a community that accentuates volunteering and using our God given gifts. She is on staff at St Mary's Episcopal Church on the bank of the beautiful St. John's River and enjoys serving the lovely community of Green Cove Springs.

Our speaker is requesting that we bring our Book of Common Prayer and together we will use it as a resource to explore Finding Your Gifts in God's World!

**Where:** Episcopal Camp and Conference Center

**When:** April 26-28, 2019. Check-in begins at 4:00 P.M. Friday, April 26, 2019 at the camp.

**How:** Two ways to register:

**On-line:** <https://campweed.campbrainregistration.com>

**By Mail:** Mail form to: Camp Weed, 11057 Camp Weed Place, Live Oak, FL 32060  
Make checks Payable to Camp Weed with DOK/ECW Spring Retreat in the memo line.

**Registration due by April 5, 2019.**

### REGISTRATION: This information will be used in the Retreat program (please print clearly)

Name: \_\_\_\_\_ Name for name tag if different \_\_\_\_\_

Address: \_\_\_\_\_ Email: \_\_\_\_\_

Phone: \_\_\_\_\_ Church \_\_\_\_\_

Accommodation Choices: Price includes 2 Nights, 6 Meals and Workshops.

Partial scholarship assistance available on a first come first served basis. Please contact Dorothy Young-Holder at 904-728-9439 or email at perdor@comcast.net

	<b>Single</b>	<b>Double</b>	<b>Triple</b>	<b>Quadruple</b>
<b>Motel:</b>	\$275	\$195	\$175	\$160
<b>Ravines:</b>	\$285	\$200	\$180	\$165
<b>*Other:</b>	*Cabin: \$150 *Commuters: \$100 *Saturday Only \$60			

**Roommate(s) or Cabin Group:** \_\_\_\_\_

Please list any allergies or special requests \_\_\_\_\_

**Workshops:** Please select from the options below.

1<sup>st</sup> \_\_\_\_\_ 2<sup>nd</sup> \_\_\_\_\_ 3<sup>rd</sup> \_\_\_\_\_

Below are workshops for the weekend. Please indicate by number your workshop choices. Workshop participation is not mandatory, but is encouraged. You may choose to use this time to explore the camp or just relax. This is your weekend to Retreat from the world!

1. Arts and Crafts anyone? Join us for a variety of fun easy arts and crafts. We invite you to bring a t-shirt and stop by to make a cool "tea bag" or a fabulous infinity scarf! Bring out your inner fashionista!  
Workshop leaders: Katrina Crews, Chawnette McKenny, Chawna Newman
2. Centering Prayer – Be still and know that I am God. Use this time to enrich and deepen your prayer time with God. Bring a yoga mat (chairs will be available), stop by and take advantage of this focused, uninterrupted, time in prayer.  
Workshop leader: Geraldine Smith-Baker
3. Line Dancing – have fun learning some new dance steps with your new friends! Join us for lots of fun, fellowship and fitness as together we learn to step up our game on the dance floor.  
Workshop leaders: Mtr. Carrie English, Kris Munroe, Sarah White
4. Make a Joyful Noise! All voices are encouraged to join the happy throng. Our music leader will teach a song to be sung for the Offertory at our Sunday morning worship! Workshop leader: Morgan White
5. Nature Walk - take a guided historical tour while exploring the beautiful grounds of Camp Weed. (it may be a bit wet - consider wearing waterproof shoes!)  
Workshop leader: Sharon Chamberlain
6. Andrea Geiger will meet with local ECW representatives to share information on starting/reviving your ECW and events from the 2018 Triennial. Join her to brainstorm ideas for an Outreach activity we can do together to benefit those in need.

### SPECIAL NOTES

This weekend is a gift you give to yourself that is spirit filled, relaxing and a time to meet and make new friends. Please bring snacks and beverages to share during social time. Wear comfortable clothes and shoes.

We welcome small babies to accompany their mothers to the retreat. However, we are not able to provide child care. We request that a baby sitter accompany mother and child. It is better for the babies and the adults if the babies are in rooms and not cabins. Please have your baby stay with sitter when mother attends workshops and meals. Please advise the Retreat Chair if you are bringing a little one.

The Cathedral bookstore will be here Saturday for those who wish to browse and shop. Thank you ladies - your purchases last year raised over \$400 in support of The Family Promise program at the Cathedral.

For those attending Saturday only, our sessions will start with music at 9:15 a.m.

We look forward to seeing you for this special weekend. Safe travels!

Dorothy Young-Holder  
Retreat Chair  
904-728-9439 or [perdor@comcast.net](mailto:perdor@comcast.net)



**GO!** Share the Word: **E**very Day, **C**omunicamos, Every **W**here